

# YogaUnity

Z :\_UR h ZY ;` R\_V@dS` c\_

Experience incredible India, practice yoga on the banks of the Ganges, see the Taj Mahal!  
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## 7VScf Rcj #(eY t > RcTY" \$eY #! " !

† 5 Rj ! " † 7VS #(eY+; fc\_Vj SVX\_dh ZY UVaRcf dV W ^ 5 7H Z\_5 Rj]RdEI Z  
 † 5 Rj ! # † 7VS #) eY+2ccZjV Z\_ eYV TRaZrj` W\_UZrE? Vh 5 VjYz Z\_YeZ` VZ9 RjV R X ` U\_ZYedjVa  
 † 5 Rj ! \$ † > RcTY " de+DaV\_U eYV URj` Vi a] c\_ZX? Vh 5 VjYzR\_U Z\_ eYV VgV\_ZXeRv RT ^ WceRjV eRZ\_ e` eYV Y` j] Tzj` VGRcR\_RdZ  
 † 5 Rj ! % † ! ( > RcTY #\_U † > RcTY &eY+6\_eVc Ra]RTV RS` gV eZ` V\_R\_U daRTV Z\_ eYV ^` deR\_TZ\_eTzj` VGRcR` \_RdZDaV\_U dVgVcRj URj` dRSd` cSZ\_X jZV Rj` \_X eYV 8 R\_Xvd R\_U acRteZ\_Xj` XRh ZY Rj] TRj]` XZ  
 † 5 Rj ! ) > RcTY ' eY+; fc\_Vj e` 2XcR` gVc]R\_UZDW eYV :\_UR\_ T f\_ej dZV` \_ eYV h Rj` e` \_V` WvV ^` de^ Rk` \_Z\_TV\_e^` \_f^V\_ed` \_6RceYZ5\_ZV e` j] TRj] Wj` ^ f dZj  
 † 5 Rj ! \* > RcTY (eY+Df\_cZV Re eYVERj > RYR]edV 2XcR 7 ceR\_U Vi bf ZzV ^ RcsjV h` cldr` aZ  
 † 5 Rj " ! > RcTY ) eY+5cZjV e` 5 VjYzR\_U daV\_U eYV RvVc` \_` \_Z @]U 5 VjYzD R\_Z\_X\_Z\_ eYV Sf dZjV` W4YR\_UZ 4Y` h \ R\_U eYV dVdV\_Zj` WvV CVU 7 ceZ  
 † 5 Rj " " > RcTY \*eY+> RvV\_R\_` gVc]R\_U aZcZ` RvV e` eYV W` eYzj` WvV 9Z` RjRj Rd\_R\_U eYV Tzj` W` Xz] CZYzVdYz  
 † 5 Rj " # † \$ > RcTY " ! eY R\_U " " eY CZYzVdY+DaV\_U eYV VRc] ^` c\_ZX\_U\_Z\_Xj` XRh ZY j] TRj]` XZR\_U eYV URj` d Vi a] c\_ZX eYV cZVcSR` \dcdRcTY` X` fej` Xz]` caR` aVd Z\_Xj` fcdVjVh ZY 2j fcgVUZ eVRe` V\_edZ  
 † 5 Rj " % > RcTY " #eY+)\_Rj] TRj]` W` c\_ZXj` XRh ZY CZYzVdY j` XZeYV` ^ RvV eYV eV\ SRT\ e` 5 VjYze` TReY R\_ VgV\_ZX` -ZYee` eYV dRdVd  
 † 5 Rj " & > RcTY " \$eY+RccZjV Y` ^ V dh WeY` ^ V h ZY R` RkZ\_X Vi aVcZV\_TVdR\_U ^ V ^` cZVd e` j]RdeR jZVez` V



## EYV 6i aVcZV\_TV+

@\_j` fc] fc\_Vj e` Wfc` WvV ^` de dV` RvRSjV TzZ/d Z` ?` ceVc` :\_UR+  
 † AcRteZVj` XRh ZY dV\_Z c eVRYVc;` R\_V@dS` c\_Z  
 † 6i aVcZV\_TVj` XRh ZY :\_UR\_j` Xz] Z\_GRcR\_RdZ\_R\_U CZYzVdY  
 † > Rcgj] Re eYV >` XYf] RcTYZVTe f dV` W2XcR+ER[ > RYRj  
 † 5 cZV\_U` h` \_eYV CZjVc 8 R\_Xvd\_Z\_GRcR\_RdZ  
 † 6i aVcZV\_TV R` RkZ\_X :\_UR\_ Tj]RdZTRj` ^ f dZ  
 † GZzE\_R\_TZ\_e9\_Z\_Uf EV^ a]Vd  
 † 6i a]` dV eYV RdVRh YVdV eYV 3f UUYR XRgV eYV } cde dVc` \_ RvVcV` jZy eV` ^ V\_e+DRc` ReY  
 † EcRgVj] e` eYV Y` ^ V` Wj` Xz] Z\_CZYzVdY  
 † DW SVRF eYVj] dZ] dRcZd\_R\_U h` \_` j] TRcaVed SVZ\_X ^ RUV Rd eYVj YRgV Wc` !!! j VRcd  
 † 6ReUVjZ f d] dRWR\_U TjVR` / :\_UR\_ gVXVeRcZ` W\_U  
 † Z\_Z\_U eZ` V e` Uzj] gVcT j] dVj] eV Rdf dVd e` eYV Y` ^ V  
 † > WeR` RkZ\_X aV` a]V  
 † 7Wj] R\_U dV eYV h` \_UVc eYReZi :\_UR  
 † ; fc\_Vj e` eYV YVRce]R\_U` Wj` XR

## 3` \Z\_X+

† 4` deWc` %URj` d` %! +; \_eVc` ReZ` Rj] -ZYeW ^ 5 7H L 5 Rj]RdEY` eV]dScRvRdZ\_UZ\_VdZj` XR Tj]RdVdZ` T` f\_ej eR` da` ceReZ` \_tTf] f cRj] VgV` eVtZ4` \_eRte f dWcR` ^` dV UVerZjVU UvdTcaZ` \_` Wj` YReZi Zj]f UVU Z\_ eYV e` f c acZVZ  
 † 7` c` ^` dV Z\_Wc` ReZ` \_T` \_eRte;` R\_V Rej` XRF` Zj 1 ^ VZ` ^ R\_U TYVT` feYVch VScZV Re+h h h j` XRF` Z e^ Tz\_VjZ` ^ Rj] dV eYV ZR h VScZV+h h h ZAR] f d \_Vj dZ` ^ L` c TRj] ;` R\_V Re\*(#)\*)! " \* &  
 † EcZa Zj]Z` ZVU e` " & aRceZzR` edd` dZ` fa d` \_`

